



Dear CEBCO Plan Participant,

The enclosed notices are provided to you periodically as a part of the service you receive from your CEBCO health coverage.

These notices contain important information about your rights as a plan participant.

**No action is necessary on your part.**

You may want to retain these with other important insurance papers for future reference.

Respectfully,

The CEBCO Team

Douglas Foust, Managing Director

Melissa Bodey, Senior Benefit Specialist  
Wendy Dillingham, Senior Benefit Specialist  
Michael Kindell, Senior Benefit Specialist

Debi Burnette, Enrollment and Billing Specialist

Tori Sinclair, Wellness Coordinator  
Hannah Whiston, Wellness/Benefits Administrator

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